

## **Directory of Human and Social Services Available to Guilford Residents**

### **Agency on Aging of South Central Connecticut**

One Long Wharf Drive, New Haven, CT 06511; 203-785-8533 or 1-800-994-9422

info@aoapartnerships.org

[www.aoapartnerships.org](http://www.aoapartnerships.org)

The Agency on Aging of South Central Connecticut (AASCC) is a private, nonprofit organization designated as one of five Area Agencies on Aging (AAAs), in Connecticut. It works to empower adults to remain as independent and engaged as possible within their communities. It does this by providing information, referrals, health insurance counseling, advocacy, distribution and monitoring of state and federal grants, and in-home assessment visits and case management of supportive home services through the Connecticut Home Care Program for Elders.

### **American Red Cross Connecticut Chapter**

703 Whitney Avenue, New Haven, CT 06511; 1-877-287-3327

[www.arcsct.org](http://www.arcsct.org)

### **Caregiver Support Network**

VNA Community Healthcare, 753 Boston Post Rd., Guilford

1-866-474-5230

Support groups, resources and respite information to families who care of an ill or frail family member. There is no fee.

### **Catholic Charities, Archdiocese of Hartford, Inc.**

Family Service Center, 501 Lombard Street, New Haven, CT 06513;

203-787-2207

newhaven@ccaoh.org

[www.ccaoh.org](http://www.ccaoh.org)

Mental Health Services, Parenting Education Classes

**Charlie's Closet – recycled Medical Equipment**

Guilford Interfaith Ministries, 310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

[www.gimct.org](http://www.gimct.org)

Clean, working wheel chairs, walkers, shower chairs, etc. available for \$1.00; see

**Community Dining Room, Inc.**

30 Harrison Avenue, Branford, CT 06405; 203-488-9750

[pkral@communitydiningroom.org](mailto:pkral@communitydiningroom.org)

[www.communitydiningroom.org](http://www.communitydiningroom.org)

The Community Dining Room provides nutritional support and free hot meals to the south central Connecticut shoreline. We offer lunch every day, Saturday morning breakfast, Tuesday evening family dinner and a home delivery program for frail elderly and others unable to prepare meals for themselves, along with "Wednesday Night Take Out" for people who have lost jobs or had hours cut dinner for pick up on Wednesday between 3:30 and 5:30.

**Community Health Center, Inc**

635 Main Street, Middletown, CT 06457; 860-347-6971

[www.chc1.com](http://www.chc1.com)

Healthcare Services - Medical, Dental and Mental Health

**Connecticut Department of Children and Families (DCF)**

121 Main St. Extension, Middletown, CT 06457; 860-638-2100

[www.ct.gov/DCF](http://www.ct.gov/DCF)

**Connecticut Department of Developmental Services (DDS)**

[www.ct.gov/dds](http://www.ct.gov/dds)

**Connecticut Department of Health and Addiction Services (DMHAS)**

[www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**Connecticut Department of Social Services (DSS)**

117 Main Street Extension, Middletown, CT 06457; 860-704-3100

[www.ct.gov/dss](http://www.ct.gov/dss)

**Connecticut Legal Services**

62 Washington St., Middletown, CT 06457; 800-453-3320

[www.connlegalservices.org](http://www.connlegalservices.org)

Legal assistance for low-income residents of CT

**The Cove Center for Grieving Children**

250 Pomeroy Ave., Ste. 107 Meriden, CT 06450; 203-634-0500

or 1- 800-750-2683

[jessica@covect.org](mailto:jessica@covect.org)

[www.covect.org](http://www.covect.org)

Providing comprehensive grief support services to children ages 4-18 and their families

**Domestic Violence Services of Greater New Haven** (a program of Birmingham Group Health Services, Inc.)

P.O. Box 1329, New Haven, CT 06505; Hotline: 203-789-8104

Business: 203-865-1957

Fax: 203-562-9450

[www.dvsgnh.org](http://www.dvsgnh.org)

Services for victims of domestic violence, including 24-hour hotline, emergency shelter, advocacy in criminal and civil courts, individual counseling for older teenagers and adults, support groups, and community education programs for professionals, community groups and students about the issue of domestic violence and resources.

**E.R.A.C.E. East Shore Regional Adult and Continuing Education**

Branford High School, 185 East Main Street, Branford, CT 06405; 203-488-5693

or 203-315-6739

[pdzialo@branford.k12.ct.us](mailto:pdzialo@branford.k12.ct.us)

[www.erace-adulted.org](http://www.erace-adulted.org)

Our educational programs include the following: High School Credit Diploma Program, GED (General Educational Development), NEDP (National External Diploma Program), ABE (Adult Basic Education), ESL (English as a Second Language) and Citizenship Preparation Program. ERACE also offers a variety of enrichment programs and provides Workplace training for all adult education programs.

### **Friendly Visiting Program**

Guilford Interfaith Ministries 310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

[www.gimct.org](http://www.gimct.org)

Caring volunteers visit any homebound or lonely Guilford resident once a week for a year or longer. There is no fee and scheduling is flexible.

### **Guilford Before & After School Care Program**

280 South Union Street, Guilford, CT 06437; 203-453-0045

[kelleYROSEANN@yahoo.com](mailto:kelleYROSEANN@yahoo.com)

[www.guilfordbeforeandafterschoolcare.com](http://www.guilfordbeforeandafterschoolcare.com)

Before School Care, AM & PM Kindergarten Care, After School Care. Hours: 7 am - 6 pm, Location: A.W. Cox, Calvin Leete, Guilford Lakes Elementary Schools

### **Guilford Center for Children**

47 Stone House Lane, Guilford, CT 06437; 203-453-8050 or 203-453-8048

[guilforddaycare@snet.net](mailto:guilforddaycare@snet.net)

[www.guilforddaycare.com](http://www.guilforddaycare.com)

Our NAEYC-accredited program provides care and education for preschoolers while their parents work. We offer a sliding fee scale for income-eligible families.

### **Guilford Food Bank**

45 Stone House Lane, Guilford CT 06437; 203-453-8009 or 203-453-8359

[www.gimct.org](http://www.gimct.org)

The Guilford Food Bank is jointly directed by the Town of Guilford, CT and Guilford Interfaith Ministries, and provides food to any Guilford resident in need.

### **Guilford Housing Authority**

Guilford Court, 32 Guilford Court, Guilford, CT 06437; 453-6262

[ghabtgc@att.net](mailto:ghabtgc@att.net)

Boston Terrace, 41 Boston Terrace, Guilford, CT 06437; 453-5336

[gharsc24@yahoo.com](mailto:gharsc24@yahoo.com)

Sachem Hollow, 310 State Street, Guilford, CT 06437

[gharsc24@yahoo.com](mailto:gharsc24@yahoo.com)

No website

Affordable housing for the elderly and disabled.

**Guilford Interfaith Ministries**

310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

[www.gimct.org](http://www.gimct.org)

Meals on Wheels, Friendly Visiting (weekly social visits) and Charlie's Closet (recycled medical equipment); see entries for each under alphabetical listing.

**Guilford Parks, Recreation & Seniors Program**

32 Church Street, Guilford, CT 06437; 203-453-8068; Fax: 203-453-8456

[www.guilfordparkrec.com](http://www.guilfordparkrec.com)

Provides transportation, hot meals, classes, programs, trips, resource, referrals, notary, Medicare/insurance assistance.

**Guilford Public Schools Pupil Services**

[www.guilford.k12.ct.us/district\\_information/pupil\\_services/](http://www.guilford.k12.ct.us/district_information/pupil_services/)

**Guilford Social Services**

263 Church Street, Guilford, CT 06437; 203-453-8009; Fax 203-453-8406

[socialservices@ci.guilford.ct.us](mailto:socialservices@ci.guilford.ct.us)

<http://www.ci.guilford.ct.us/>

(click on Town Departments)

Essential services are available on a local level at Guilford Social Services (GSS) to help in-crisis residents. GSS serves as an intake sites for the State Energy Assistance, OPM Renters Rebate program and Operation Fuel, Service Unit Extension for the Salvation Army, coordinating office for the Guilford Food Bank, Guilford Welfare Gift Fund administration providing emergency relief for limited basic needs, Office of Municipal Agent to the Elderly, state mandated to assist elders, providing them with information and referrals to services and benefit programs, and coordinating office of local clothing and holiday relief programs. GSS serves as a general referral source providing application, liaison and limited case management assistance.

**Guilford Youth & Family Services**

36 Graves Avenue, Guilford, CT 06437; 203-453-8047

[landryl@ci.guilford.ct.us](mailto:landryl@ci.guilford.ct.us)

<http://www.ci.guilford.ct.us/>

(click on Town Departments)

Mental Health Clinic for children up to 18 years old; prevention programs in the schools

**Guilford Youth Mentoring**

605 New England Road Guilford, CT 06437; 203-453-2741 Ext. 269

[solomonb@guilford.k12.ct.us](mailto:solomonb@guilford.k12.ct.us) or [ottl@guilford.k12.ct.us](mailto:ottl@guilford.k12.ct.us)

<http://www.guilford.k12.ct.us/~mentoring>

We are a unique partnership between Guilford schools and community businesses/organizations that provides mentors to school children. Our mentors are caring adults from the community who volunteer one hour per week to spend with a child in the school setting during the school day.

**Harbor Health Services, Inc.**

14 Sycamore Way, Branford, CT 06405; 203-483-2630

[www.harborhealthservices.org](http://www.harborhealthservices.org)

Comprehensive community-based services for adults with serious behavioral health needs

**Harbor Health Services Clothing Bank**

30 Harrison Avenue, Branford, Ct 06405; 203-483-2643

**Infoline--United Way of CT 2-1-1**

Dial 2-1-1 or 1-800-203-1234

[infoline@ctunitedway.org](mailto:infoline@ctunitedway.org)

[www.211ct.org](http://www.211ct.org)

Statewide human/community service information and referral with specialized services in childcare, child development and HUSKY health care

**Lifeline Corporation**

2785 Boston Post Rd., Guilford, CT 06437; 203-483-0399

[lifeline@sbcglobal.net](mailto:lifeline@sbcglobal.net)

[www.lifeline.org](http://www.lifeline.org)

Provides a variety of peer driven support services for people who are in or seeking recovery from substance use disorders.

**Literacy Volunteers Valley Shore, CT, Inc**

25 Middlesex Turnpike, Essex, CT 06426; Phone: 860-767-1202;

Fax: 860-767-1038

[lvvs@snet.net](mailto:lvvs@snet.net)

[www.vsliteracy.org](http://www.vsliteracy.org)

LVVS trains volunteer tutors to work mainly with adult students in the 11 shoreline towns including Guilford in Basic Reading and/or English as a Second Language.

**Meals on Wheels**

Guilford Interfaith Ministries, 310 State Street 203-453-8359

[www.gimct.org](http://www.gimct.org)

Provides a hot nutritious meal to any Guilford resident having significant difficulty preparing themselves a well balanced meal.

**Medicare**

[www.medicare.gov](http://www.medicare.gov)

See also Agency on Aging, which provides free local Medicare counseling:

1-800-994-9422

**Mutual Housing Association dba NeighborWorks New Horizons**

235 Grand Ave., 2<sup>nd</sup> Floor New Haven, CT 06513; 203-562-4514

or 1-800-562-7517; Fax: 203-752-3210

[www.nwnh.net](http://www.nwnh.net)

Affordable housing

**Orchard House Medical Adult Day Center**

421 Shore Drive, Branford, CT 06405; 203-481-7110; Fax: 203-481-2064

[info@orchardhousecare.org](mailto:info@orchardhousecare.org)

[www.orchardhousecare.org](http://www.orchardhousecare.org)

Health and social services for adults with functional impairments, open 7 days a week.

**Planned Parenthood of Southern New England,**

Old Saybrook Health Center, 263 Main St., S203, Old Saybrook, CT 06475;  
860-388-4459

or

345 Whitney Avenue, New Haven, CT 06511; 203-865-5158

[www.ppsne.org](http://www.ppsne.org)

Affordable and confidential reproductive health care services for women & men

**Rushford Center Inc, Middletown**

1250 Silver St. Middletown CT. 06457; 860 346-0300 Ext.125

[eranganathan@rushford.org](mailto:eranganathan@rushford.org)

[www.rushford.org](http://www.rushford.org)

Older Adult Services include home visits, a recovery group at Rushford Middletown and presentations to professionals who work with seniors on substance abuse in older adults. Rushford also offers all levels of care including residential, detox, halfway house and outpatient day and evening programs for substance abuse and mental health.

**SARAH, Inc.**

246 Goose Lane, Ste. 101, Guilford, CT 06437; 203-458-4040

[info@sarah-inc.org](mailto:info@sarah-inc.org)

[www.sarah-inc.org](http://www.sarah-inc.org)

SARAH, Inc. is a non-profit community service provider committed to providing advocacy, services and supports for people with intellectual and other disabilities and to promoting opportunities for full inclusion in their communities. SARAH, Inc. serves children and adults with disabilities in communities across the greater New Haven and shoreline areas. We offer an array of services and supports for children and adults of all ages and abilities: Birth to Three early intervention; Family and Children Center; work and life skills training; supported employment; recreation and leisure services; advocacy and more.

**SARAH, Inc., KIDSTEPS**

51 Boston Post Road, Unit 9, Madison, CT 06443; 203-318-3692

[KIDSTEPS@sarah-inc.org](mailto:KIDSTEPS@sarah-inc.org)

[www.sarah-inc.org](http://www.sarah-inc.org)

KIDSTEPS, a division of SARAH, Inc., is comprised of two distinct programs: 1) Birth to Three - an early intervention, state approved program of services for children that addresses any identified developmental delays and disabilities. 2) Family and Children's Center - provides support services for families and children birth through twelve years old.

**Sexual Assault Hot Line**

Toll free 888-999-5545

En Espanol 888-568-8332

See Women and Families Center

**Social Security Administration**

[www.ssa.gov](http://www.ssa.gov)

**Strong House Adult Day Center**

546 Durham Rd., Madison, CT 203-245-0524

Health and social services for adults with functional impairments.

[www.caring.com/local/adult-day-care-in-madison-connecticut/vna-services-strong-house-adult-day-center](http://www.caring.com/local/adult-day-care-in-madison-connecticut/vna-services-strong-house-adult-day-center)

### **VFW: Edward A. Norton Veterans of Foreign Wars Post 7666**

P.O. Box 173, Guilford or 104 Mill Rd, Guilford; 203-453-9252

[www.guilfordvfw.com](http://www.guilfordvfw.com)

The V.F.W. is a veteran support organization that helps local veterans with making contact with services that are available to them.

### **VNA Community Healthcare**

753 Boston Post Rd., Guilford Ct; 203-458-4200

[www.connecticuthomecare.com](http://www.connecticuthomecare.com)

Home care: nurses, physical therapy, occupational therapy, speech therapy and psychiatric nursing. Flu shots. Numerous health and wellness services and classes. Family caregiver support and resource centers. Helpline for eldercare questions: toll free (866) 474-5230

### **Women Infants and Children Program**

Department of Public Health, 410 Capitol Avenue MS #11WIC, P.O. Box 340308, Hartford, CT 061345-308; Toll free 800-741-2142

The Special Supplemental Nutrition Program for **Women, Infants, and Children** – better known as the WIC Program – serves to safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

[www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav\\_GID=1862&dphPN\\_avCtr=%7C#48077](http://www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav_GID=1862&dphPN_avCtr=%7C#48077)

### **Women and Families Center**

1440 Whalley Avenue, New Haven, CT 06515; 203-389-5010

Fax: 203-389-5595

169 Colony Street, Meriden, CT 06451; 203-235-9297; Fax: 203-237-7571

[www.womenfamilies.org](http://www.womenfamilies.org)

The Women and Families Center offers support services and support groups for survivors of sexual violence and their loved ones. We will also provide accompaniment and advocacy through medical, police, and legal systems. 24 hour statewide hotline 1-888-999-5545 En Espanol 1-888-568-8332

We will also provide accompaniment and advocacy through medical, police, and legal systems.

**Women & Family Life Center**

96 Fair Street, Guilford, Ct 06437; 203-458-6699

[info@womenandfamilylifecenter.org](mailto:info@womenandfamilylifecenter.org)

[www.womenandfamilylifecenter.org](http://www.womenandfamilylifecenter.org)

WFLC is a non-profit organization serving women and their families by providing programs in education, wellness, and support as well as referral services.

**Further Information:** for a regional directory see

[www.ci.guilford.ct.us/Main%20Menu/Community%20Services.pdf](http://www.ci.guilford.ct.us/Main%20Menu/Community%20Services.pdf)